EXECUTIVE SUMMARY

Financial Wellness Retention Playbook

Financial stress takes a toll on employees, affecting their performance, engagement, and likelihood of staying with a company. When employees feel supported in their financial well-being, they're more satisfied, productive, and loyal. This playbook offers actionable steps for HR leaders to build a financial wellness program that makes a real impact on retention and workplace culture.



TL; DR CHEAT SHEET:

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Retention boost: Employees with financial support are 2.5x more likely to stay (PwC, 2023).

Top 3 tactics:

- Personalized coaching
- Accessible tools
- Financial education

Launch plan:

Scale

Assess needs

- Secure buy-in
- Pilot

Goal:

Cut attrition by 15% + within 12 months.

INTRODUCTION

Keeping employees engaged and committed is a growing challenge, and financial wellness plays a key role in job satisfaction and performance. This playbook provides a step-by-step guide with data-driven insights, benchmarks, and practical tools to help HR leaders integrate financial wellness into their retention strategy.

Financial stress drastically reduces employee retention — the proof is in the data.

Understanding Financial Stress and Employee Retention

2.5x

Employees experiencing financial anxiety are more likely to leave their jobs.

Less engagement at work among financially stressed

20%

employees.

Key Impacts of Financial Stress

Reduced Productivity

Employees distracted by financial worries spend approximately 3 hours per week on financial issues at work

Source: Financial Health Network

Increased Absenteeism

Financially stressed employees are absent an

additional 3.5 days per year Source: Gallup, 2022

Higher Healthcare Costs

Employees experiencing high financial stress

report healthcare costs up to 25% higher than their peers Source: Mercer, 2022

Decreased Job Satisfaction

report significantly lower job satisfaction

Source: PwC, 2023

80% of employees under financial stress

Increased Turnover Turnover rates can rise by **up to 30%** in companies with high financial stress among

employees

Source: SHRM, 2022

Benefits of Financial Wellness Programs

15%

organizations.

Source: MetLife Employee Benefit

Trends Study, 2022

reduction in employee turnover

within the first year is seen by

productivity increase is reported by companies after implementing financial wellness

22%

programs. Source: Financial Health Network, 2022

improvement in overall job satisfaction is reported by employees after financial

35%

wellness interventions. Source: PwC, 2023

likely to recommend their workplace if it had a

78%

comprehensive financial wellness program Source: Gallup, 2022

of employees would be more

4

Designing a Comprehensive Financial Wellness Program

Financial Education

webinars on budgeting, debt management, and retirement planning.

Regular workshops and

Personalized Financial Advice Provide access to certified

personalized guidance.

financial planners for

Pro Tip: Bundle financial wellness into onboarding to drive awareness and early engagement.

Accessible Resources Online financial wellness portals are regularly updated with fresh,

relevant content.

Combine financial wellness initiatives with broader employee wellness and mental

STEP 3

Select appropriate financial wellness

partners or platforms.

health strategies.

Holistic Integration



STEP 1

Conduct employee financial wellness

surveys (template included).

Implementation Steps

STEP 2

Secure executive support with a

compelling business case using

provided benchmarks.

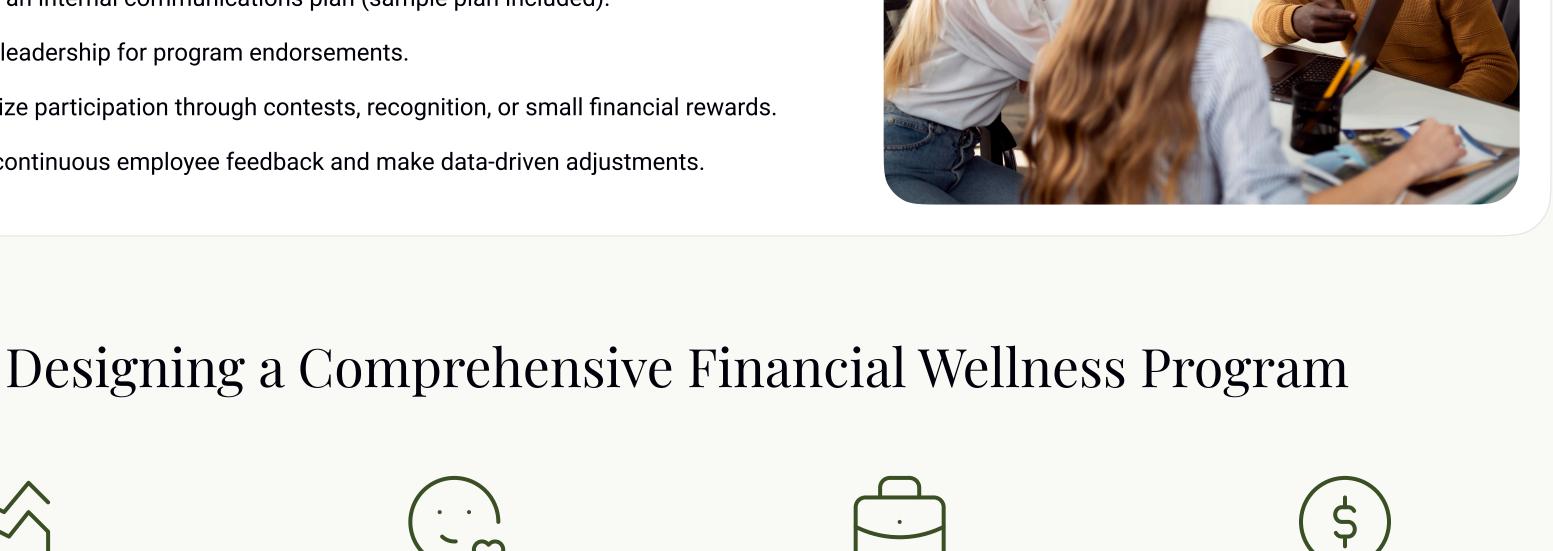
STEP 5 STEP 4 Scale successful pilot initiatives Pilot programs in targeted departments, measuring success company-wide. against benchmarks. Promoting Financial

Incentivize participation through contests, recognition, or small financial rewards. Gather continuous employee feedback and make data-driven adjustments.

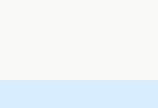
Wellness Programs

Engage leadership for program endorsements.

Develop an internal communications plan (sample plan included).



Aim for at least 50% employee Target a minimum 25% increase in Track retention metrics quarterly Use provided templates to satisfaction scores in annual calculate the ROI of your financial participation within the first year. and compare year-over-year wellness investments based on improvements. surveys.



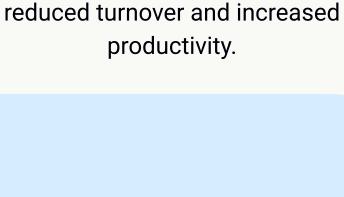
Participation Rates

ROI Formula:

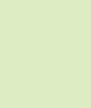
Employee Satisfaction



Retention Rates



ROI Calculation



Solution

Introduced a financial wellness platform

with 1:1 planner access, budgeting tools,

and equity education.

"We thought pay was the issue, but it turned out to be financial stress.

This program saved us millions in retention costs."

CASE STUDY



Challenge

TechCo struggled with 28% annual

turnover, mostly due to compensation-

related concerns.

TechCo (1,200 employees)

Results (12 months)

Turnover dropped from 28% to 20%

NPS among employees rose by 19 points

63% of employees participated in at least one financial planning session

- VP, People Operations

employee retention, productivity, and satisfaction. Use this playbook to

DOWNLOAD

CONCLUSION

guide your initiatives, backed by data, practical tools, and proven results. **Appendix: Templates & Tools**

Implementing a robust financial wellness strategy significantly enhances

Employee Financial Wellness Survey Template Financial Wellness Vendor Scorecard

Financial Wellness Buyers Guide

